



# SOUTH COAST FARMS

## COMMUNITY SUPPORTED AGRICULTURE



### ABOUT SOUTH COAST FARMS CSA

South Coast Farms Community Supported Agriculture (CSA) program was established in 2000 by farmer George Kibby and our farm manager Rebecca Noble. For those of you who are not familiar with the CSA concept we here at South Coast Farms like to describe it as a partnership between a food grower (George) and a food consumer (such as yourself)! Generally the partnership is between a local organic farm and a community of supporters that together wish to preserve the agricultural life and heritage of their community as well as guarantee for themselves a reliable, healthy and safe source of food.

Our CSA members can choose to receive a regular or large size basket of seasonal organic foods once a week or bi-weekly. A regular basket averages about 15-20 different items and a large averages 17-22 items. The large baskets also include more of certain items. Members may pick up the basket from the farm or at one of our drop-off locations throughout Orange County. Memberships are purchased and renewed on a quarterly basis, with a one time registration fee of \$15.00.

### BENEFITS OF CSA

There are many benefits to being a member of the CSA program at South Coast Farms. Our members have access to the freshest local foods, often harvested on the day baskets are made. The varieties of fruits and vegetables we choose to plant are selected for flavor, not shelf life or for eye appeal. Members are assured that all the fruits and vegetables in their baskets are all certified organic and grown by local farmers!

Your membership is important to our small family farm, as well as the community of greater south Orange County. We are the only 100 per cent, certified organic farm in south Orange County. Your commitment to be a part of our community provides your families and hundreds of other families access to healthy, nutritious certified organic fruits and vegetables grown in our local area. Your support helps Orange County's farm heritage to continue in a more sustainable, locally involved direction!

### A TYPICAL BASKET

Contents of CSA baskets change seasonally, an example basket in spring quarter would include: chard, onions, beets, broccoli, lettuce, parsley, kale, avocado, navel oranges, lemons, apples, grapefruit, pears, potatoes, kiwi and cabbage.

### CSA PRICING

#### PRICES FOR ONE QUARTER, FARM PICK UP:

Bi Weekly, Regular: \$224.00 (7 baskets x \$32)  
Bi Weekly, Large: \$273.00 (7 baskets x \$39)  
Weekly, Regular: \$448.00 (14 baskets x \$32)  
Weekly, Large: \$546.00 (14 baskets x \$39)

#### PRICES FOR ONE QUARTER, DELIVERED:

Bi Weekly, Regular: \$238.00 (7 baskets x \$34)  
Bi Weekly Large: \$287.00 (7 baskets x \$41)  
Weekly, Regular: \$476.00 (14 baskets x \$34)  
Weekly, Large: \$574.00 (14 baskets x \$41)

*\*PRICES LISTED FOR SPRING QUARTER 2010, SUBJECT TO CHANGE*



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### PICK UP LOCATIONS

*LISTED SOUTH TO NORTH*

**SAN CLEMENTE 1** / Near Camino Del Rio and Calle Sarmentoso / Tuesday, pick-up 3pm-9pm

**SAN CLEMENTE 2** / Near Palizada and El Camino Real / Tuesday, A, pick-up 3pm-8pm

**SAN JUAN CAPISTRANO** / South Coast Farms, Alipaz and Camino del Avion / Tu, Wed. & Thu., pick-up 1pm-6pm

**ALISO VIEJO** / Near Alicia Pkwy and Pacific Park / Wednesday, pick up 3pm-8pm

**MISSION VIEJO** / Near Jeronimo and Olympiad / Thursday, pick-up 3:00pm to 7:00pm

**LAGUNA BEACH 1** / Yoga Works, south PCH and Marmaid Wednesday, pick up 3pm-6pm

**LAGUNA BEACH 2** / PCH and West St / Wednesday, pick-up 3pm-8pm

**IRVINE** / Near Culver and Barranca Pkwy / Thursday, pick-up 3pm-8pm

**COSTA MESA** / Avanti Cafe / Near Bristol and Baker in Costa Mesa / Thursday after 3:00 pm

**FULLERTON** / CSUF, near Yorba Linda and Associated Dr. Wednesday, pick-up 2:30pm-4:30pm

**FULLERTON 2** / Belly Sprouts on Commonwealth, between Euclid and Harbor /Wed. pick up 2:30pm-4:30pm

### CSA POLICIES

Your CSA commitment lasts for one season and prepayment is required before your basket delivery begins.

If you are unable to pick-up our basket at your designated location on your designated day, it is your responsibility to have a friend or family member do so. Any unclaimed baskets will be donated at the discretion of the site host. Refunds are not available for unclaimed baskets.

### SIGNING UP

To sign up for our CSA program or to get further information about our program please contact Rebecca or Telle at 949-661-9381, or email us at [scfcsa@yahoo.com](mailto:scfcsa@yahoo.com)